

SPRINGHILL MEDICAL GROUP

New Information about our Patient portal - March 2020

It is important that our patients sign up for access to the patient portal to access new features:

Benefits:

- Send an email to your doctor or Nurse Practitioner or nurse.
- Send a request for medication refills
- Established patients can schedule their own follow-up visits
- View your medical record lab and other test results
- **Virtual/Video visits with your provider**
- **Email visits with your provider**
- Eliminate the need to call our office, wait on hold or wait for us to call back - **use the Portal !!**

To sign up for the portal:

1. Give our staff your email address. A Follow my Health portal invitation will be sent to you with instructions about how to join the portal. If you can't manage the online portal you can ask a trusted relative or caregiver to sign up for you - and give that person's email to our staff. If you do this remember the person will have access to your medical record.
2. Your portal invitation email : you will be sent an email invitation from Follow my health Springhill. You will be asked to create a log in and password. You will need to supply your year of birth (for example: 1950). You will be asked to connect to your provider - Select Springhill Medical Group from the list of providers. After you have signed up, you can download the follow my health app to your cell phone or IPAD and create any sign in short cuts that area available (for example a 4 digit passcode) .
3. Call the portal hotline if you have any trouble signing up or using the portal - 888 - 670 - 9775